

Trinity Sunday A



Entrance Antiphon: **Blest be God the Father,
and the Only Begotten Son of God,
and also the Holy Spirit,
for he has shown us his merciful love.**

Today we celebrate the greatest mystery of our faith. God is Father, Son and Spirit. It is not something to talk about, as much as something to celebrate, pray, and live.

Lord God, Father of us all, Lord, have mercy. **Lord, have mercy.**
Jesus saviour of the world, Christ, have mercy. **Christ, have mercy.**
Holy Spirit and life-giver, Lord, have mercy. **Lord, have mercy.**

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory. Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Let us pray:

God our Father, who by sending into the world the Word of truth and the Spirit of sanctification made known to the human race your wondrous mystery, grant us, we pray, that in professing the true faith, we may acknowledge the Trinity of eternal glory and adore your Unity, powerful in majesty. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

FIRST READING:

A reading from the book of Exodus

Exodus 34:4-6.8-9

With the two tablets of stone in his hands, Moses went up the mountain of Sinai in the early morning as the Lord had commanded him. And the Lord descended in the form of a cloud, and Moses stood with him there. He called on the name of the Lord. The Lord passed before him and proclaimed, 'Lord, Lord, a God of tenderness and compassion, slow to anger, rich in kindness and faithfulness.' And Moses bowed down to the ground at once and worshipped. 'If I have indeed won your favour, Lord,' he said, 'let my Lord come with us, I beg. True, they are a headstrong people, but forgive us our faults and our sins and adopt us as your heritage.'

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM:

Daniel 3:52-56

Response: To you glory and praise for evermore.

You are blest, Lord God of our fathers.

To you glory and praise for evermore.

Blest your glorious holy name.

To you glory and praise for evermore.

You are blest in the temple of your glory.

To you glory and praise for evermore.

You are blest on the throne of your kingdom.

To you glory and praise for evermore.

You are blest who gaze into the depths.

To you glory and praise for evermore.

You are blest in the firmament of heaven.

To you glory and praise for evermore.

SECOND READING

A reading from St Paul's Letter to the Corinthians

2 Cor 13:11-13

Brothers, we wish you happiness; try to grow perfect; help one another. Be united; live in peace, and the God of love and peace will be with you. Greet one another with the holy kiss. All the saints send you greetings. The grace of the Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all.

The word of the Lord.

Thanks be to God.

**Alleluia, alleluia! Glory be to the Father,
and to the Son, and to the Holy Spirit,
the God who is, who was,
and who is to come. Alleluia!**

GOSPEL

The Lord be with you.

John 3:16-18

A reading from the holy Gospel according to John.

And with your spirit.

Glory to you, Lord.

Jesus said to Nicodemus:

'God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life. For God sent his Son into the world not to condemn the world, but so that through him the world might be saved. No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God's only Son.'

The Gospel of the Lord.

Praise to you Lord Jesus

Let us make the profession of faith:

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Offertory:

Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.

Prayer over the Gifts:

Sanctify by the invocation of your name, we pray, O Lord our God, this oblation of our service, and by it make of us an eternal offering to you. Through Christ our Lord. **Amen.**

Preface:

The Lord be with you.

Lift up your hearts.

Let us give thanks to the Lord our God.

And with your spirit.

We lift them up to the Lord.

It is right and just.

It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks, Lord, holy Father,
almighty and eternal God.

For with your Only Begotten Son and the Holy Spirit

you are one God, one Lord: not in the unity of a single person,
but in a Trinity of one substance.

For what you have revealed to us of your glory
we believe equally of your Son and of the Holy Spirit,
so that, in the confessing of the true and eternal Godhead,
you might be adored in what is proper to each Person,
their unity in substance, and their equality in majesty.

For this is praised by Angels and Archangels,
Cherubim, too, and Seraphim,
who never cease to cry out each day,
as with one voice they acclaim:

Holy, holy, holy Lord, God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The mystery of faith. **When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord, until you come again.**

Communion Antiphon: **Since you are children of God, God has sent into your hearts
the Spirit of his Son, the Spirit who cries out: Abba, Father.**

PRAYER REFLECTION

Dear God I have spent so much time listening to your voice in formal prayers and spiritual reading that I have forgotten how to listen for it in the ordinariness of my everyday life. Solomon asked for an understanding heart and was given one. I now ask to learn ways to listen for your voice in all the people I meet, especially those to whom I have often given a deaf ear. Let me listen for you in any criticism I receive, in opinions that differ from my own. Let me listen for you in little children as well as wise adults. Let me know that you are my God and I belong to you. Amen.

Prayer after Communion:

May receiving this Sacrament, O Lord our God, bring us health of body and soul, as we confess your eternal holy Trinity and undivided Unity. Through Christ our Lord. **Amen.**

Final Blessing:

The Lord be with you.

And with your spirit.

May almighty God bless you,
the Father, and the Son, and the Holy Spirit.

Amen.

Go in peace, glorifying the Lord by your life.

Thanks be to God.

Loving is the highest form of understanding. Our journey towards God and towards each other is made along the same road. And when the journey that road in love and respect, the way we travel assures us of our destination. That is Gospel ... that is the Good News.

Reflection in a Well

Once a young boy stood watching a gypsy as he drank from a well in the town square. After drinking, the man continued to gaze into the well, as though looking at someone. He was a giant of a man but had a friendly face. So the boy approached him and asked:

'Who lives down there?'

'God does,' answered the gypsy.

'Can I see him?'

'Sure you can,' said the gypsy.

Then taking the boy into his arms he lifted him so he could see down the well. All the boy could see, however, was his own reflection in the water.

'But that's only me,' he cried in disappointment. 'All I see is me.'

'Ah,' replied the gypsy, 'now you know where God lives. He lives in you.'